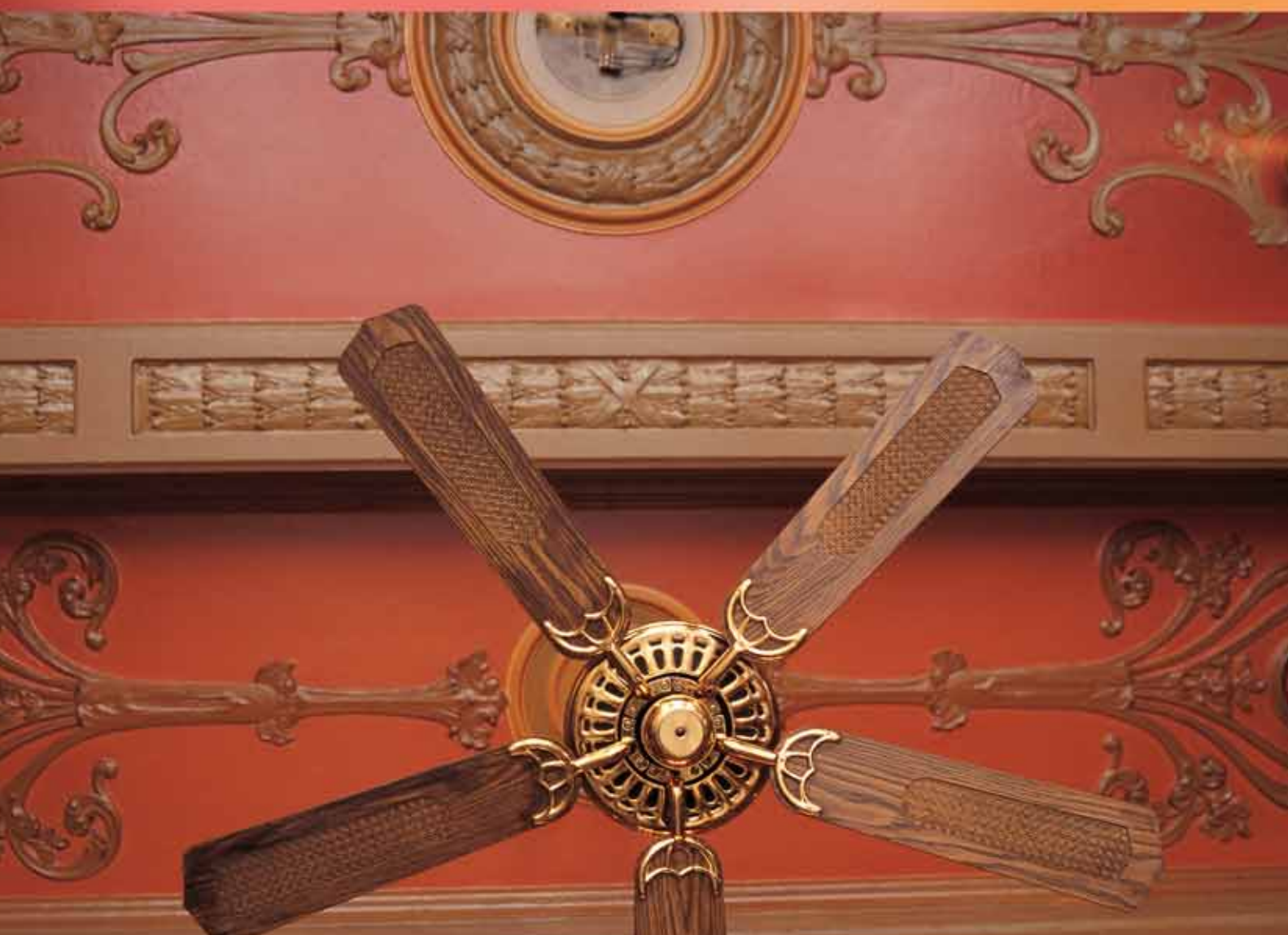


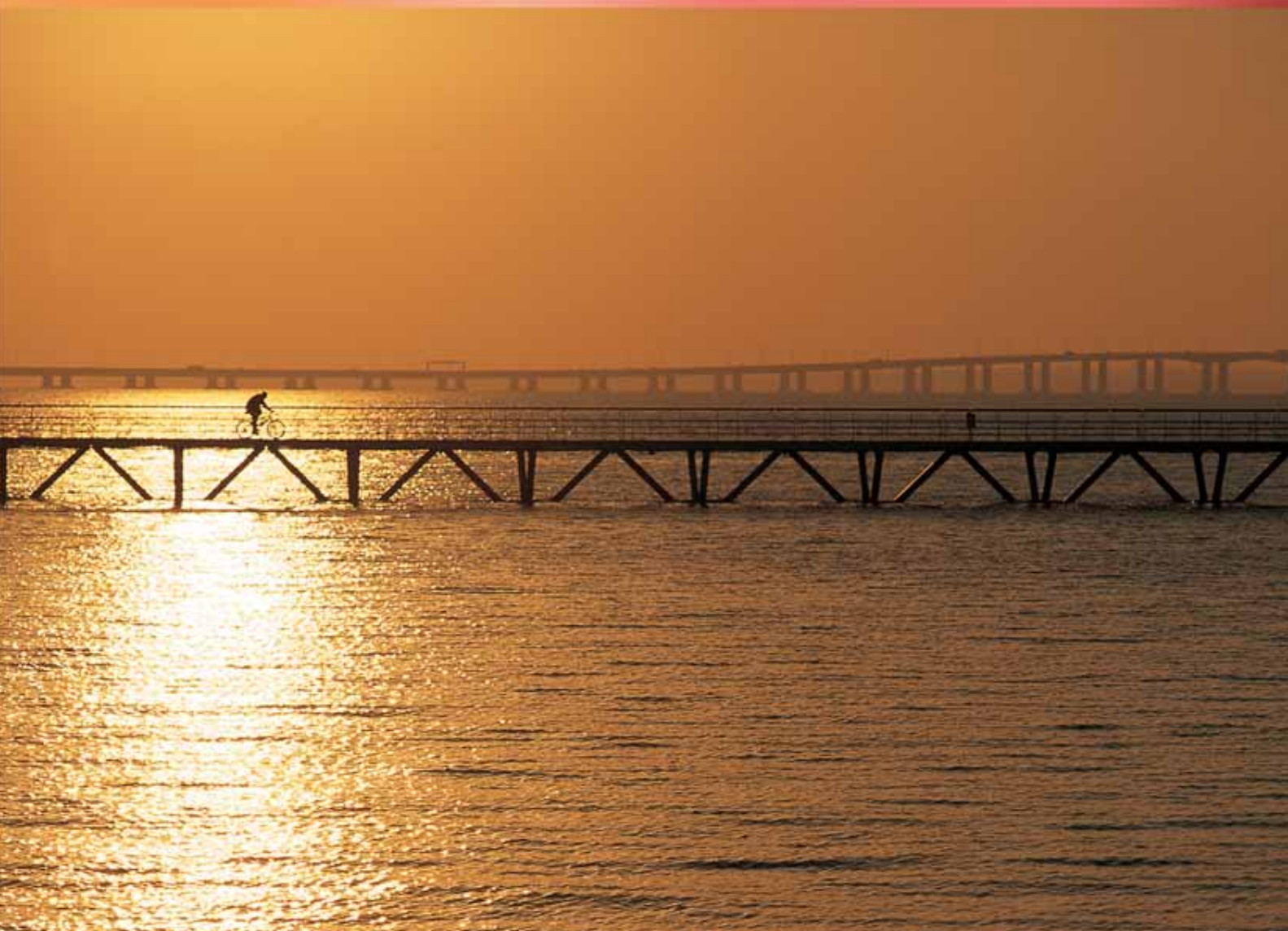
MEETINGS & INCENTIVES

LISBOA UNFORGETTABLE



MEETINGS & INCENTIVES

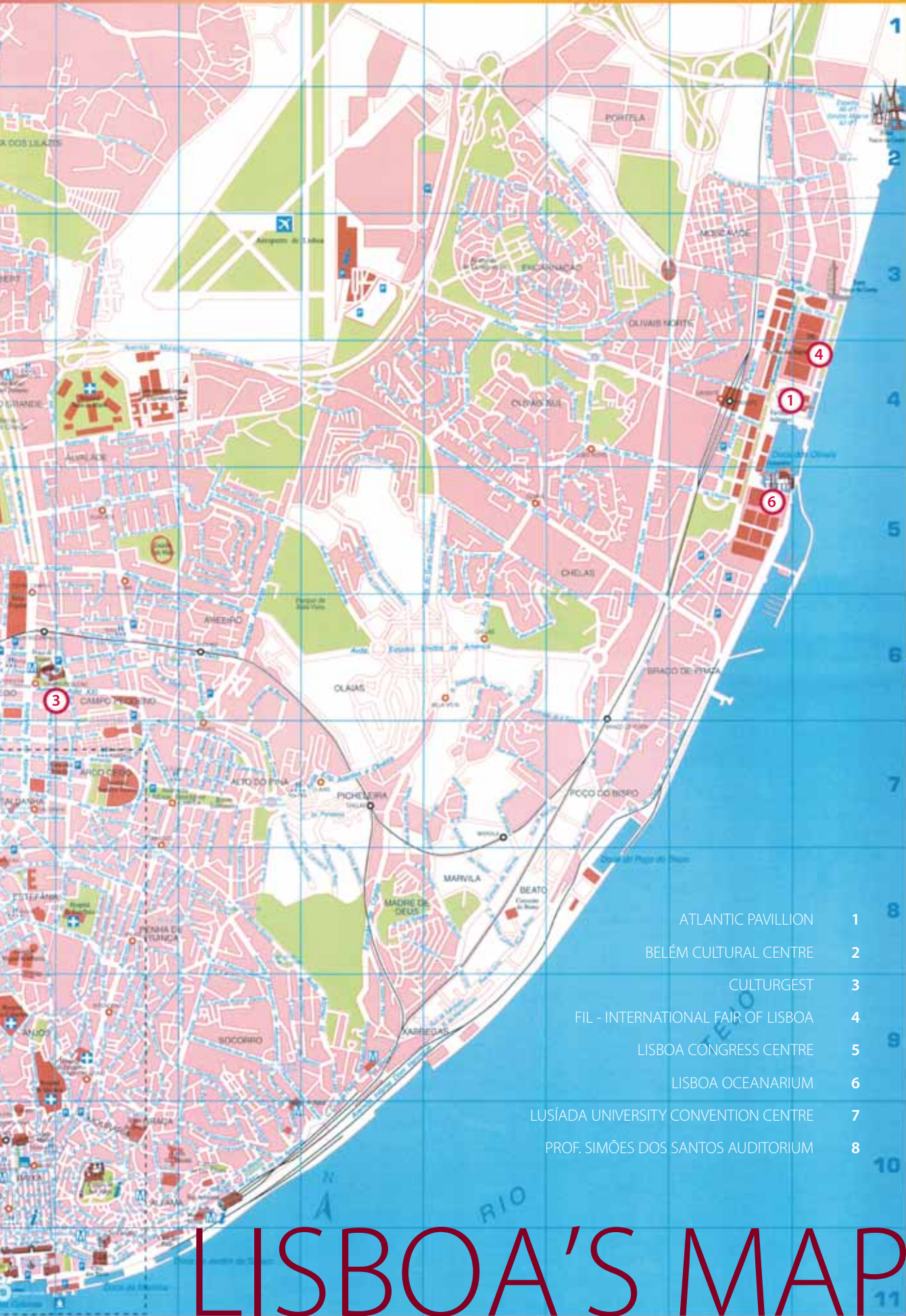
LISBOA UNFORGETTABLE



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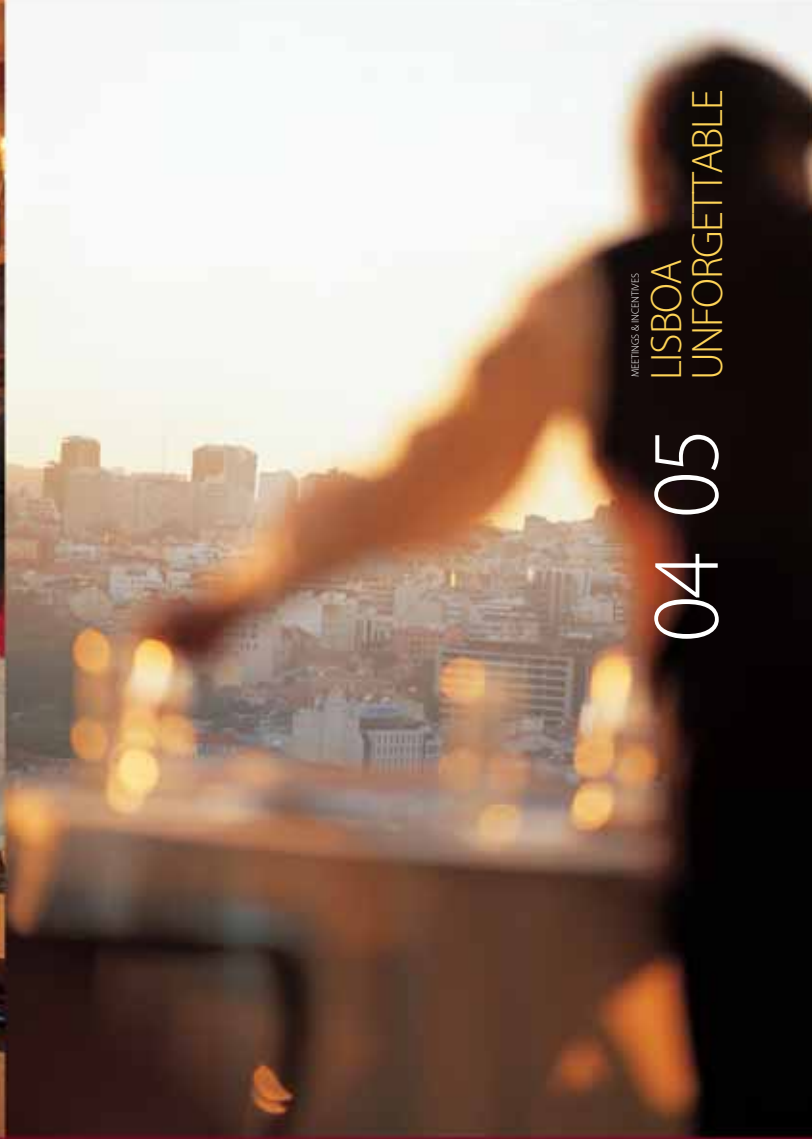
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LISBOA'S MAP

MEETINGS & INCENTIVES

WHAT MOVES
YOU?

YOU'LL FIND IT
IN LISBON



MEETINGS & INCENTIVES

LISBOA
UNFORGETTABLE

04 05

The Lisbon Region is the right place

to come for a visit because you will never be short of great things to do and see. Full of attractions, this region provides visitors with a unique setting for unforgettable, once-in-a-lifetime experiences.

Lisbon is a city of light. The Tagus and the sun, nearly always present, make the Portuguese city a mirror of colour in which the architectural beauty and uniqueness of its buildings stand out. In Lisbon there is always so much to see and do – visitors have an endless range of possibilities to choose from. Whether they are interested in walks full of culture and history or exciting nightlife, every visitor here will enjoy exploring what the city has to offer.

However, the Lisbon Region has more to offer than just the city. Visitors can spend really memorable times next to the sea, at many places along the fascinating coastline.

Estoril/Cascais is a great destination for people who love the sea, golf and charm.

Sintra is another “must visit” place for visitors to the region. Full of romance, history and culture, Sintra is a living portrait of the harmony between nature and human presence, with a truly magnificent setting. Its cultural landscape was classified by UNESCO in 1995 as being a World Heritage Site and for centuries Sintra has been adored by artists and writers from all parts of the world.

Lisbon provokes passions and inspires unique experiences. In Lisbon region there are other national monuments, with historical value for Portugal and

classified as World Heritage Sites by UNESCO: Batalha and Alcobaça Monasteries . In addition to these extraordinary and imposing monasteries, the Convent of Christ, is also classified as a World Heritage Site and was once home for the Templars.

Also full of history and replete with mystical character are: Óbidos, a magnificent town surrounded by medieval walls; Fátima, a place of Christian pilgrimage and worship for many thousands of believers, and Santarém, a city with a valuable architectural patrimony and fine pastures for raising bulls and horses.

Crossing the river Tagus, visitors will discover the river Sado estuary, framed by Troia’s beaches, the Natural Reserve of Arrábida Hills and its bay, one of the most beautiful of the world. Although its waters are home to dolphins, the estuary’s real beauty lies in the wide range of natural treasures to be found along its banks.

For all these reasons, plus those set out further on, Lisbon is definitely the right region to come and get to know. The diversity on offer means that visitors can make the days they spend in Lisbon some of the best of their lives. Whatever you are looking for, you will find it in Lisbon.



MEETINGS & INCENTIVES

LEISURE AND CULTURE

IN THE SAME VISIT

BAIXA AND CHIADO

Baixa (downtown) adds a special touch

to Lisbon's ambience. Traditionally, it's the city's shopping hub and a unique place for leisurely walks. Baixa – which starts at the Tagus River bank and runs north along the Terreiro do Paço until Rossio, encompassing the area from Sé to Chiado – represents the core of Lisbon's identity.

This quarter, built anew after the 1755 earthquake, was ingeniously designed by Marquês de Pombal and thus appropriately named Baixa Pombalina. Besides the grid of shop-lined streets, Baixa is also known for the colourful street life of Rua Augusta, the main street reserved for pedestrians that ends at Terreiro do Paço.

The quarter is a blend of history, culture and leisure activities. Walking the streets, you will find various points of interest that, in addition to the interesting urban layout, include the Arco da Rua Augusta (arch) and the

Elevador de Santa Justa (funicular) which will drop you off in the midst of the Carmo ruins.

Walking up the Chiado area with its shops, visitors will continue to be swept along by the entertaining atmosphere bearing the city's cultural and intellectual imprint. At the Largo do Chiado square, visit the "A Brasileira" café which became a hangout for many writers and artists from the late 19th century until well into the 20th century, first for writers such as Eça de Queiroz and later for Fernando Pessoa and Almada Negreiros.

At Chiado, you'll find bookshops, unique cafés and a magical atmosphere. You can also step into the Chiado Museum that, besides the noteworthy permanent exhibition, always features excellent contemporary showings.

Although the Baixa and Chiado axis has created a rejuvenated atmosphere, it's still cloaked in Portuguese tradition and culture in an amazing harmony.

A person's silhouette is seen from behind, looking out a large window at a cityscape during sunset. The sky is a mix of orange and blue. A suspension bridge is visible in the distance. In the foreground, a table with two wine glasses is partially visible.

MEETINGS & INCENTIVES

BLAZE YOUR
OWN TRAIL
THROUGH
LISBON

ALFAMA, CASTELO (CASTLE) AND MOURARIA

For their culture, history, architecture, people or simply for a carefree walk, you must discover these very unique Lisbon quarters.

Alfama, Castelo and Mouraria are what make Lisbon such a colourful city, where visitors may blaze an imaginative personal path of discovery. The possibilities are immense. Don't let them slip away.

Streetcars are one of Lisbon's best known and typical means of transport. Taking a ride on a streetcar is like stepping onto a modern-day and yet traditional imaginary world. The 28 streetcar is the best way to descend from one of the historic hilltop quarters, such as Castelo, on your way to Baixa or Chiado.

But there is a lot more to be discovered if you walk. We recommend that you start at Graça, where you will find two of the city's most breathtaking scenic viewpoints: at Senhora do Monte and Graça. While at Graça, visit

the churches of São Vicente de Fora and of Santa Engrácia.

Follow the streetcar tracks all the way to Baixa, but explore the narrow side streets along the way. Here, you can have a closer look at the quarters of Alfama, Castelo and Mouraria. Beyond the tourist attractions along your path, particularly the S. Jorge Castle, you'll come across the typical Lisbon lifestyle that is now starting to disappear.

In these quarters, you'll find Fado music like you've never heard before. The impromptu Fado – two rival singers embraced in witty bantering – sung in taverns and restaurants is the Fado that fills Lisbon with emotions and dwells in its heart.

If you're in Lisbon in the summer, don't miss the Santos Populares (popular saints festivals), particularly the Santo António festival. These quarters erupt in effervescent festivities on the eve of June 13th. Be sure to try the famous grilled sardines on bread.

MEETINGS & INCENTIVES

A PERFECT AXIS

Once you have walked past Rossio

and Restauradores, you will discover Avenida da Liberdade, one of the city centre's largest avenues. With a special history and mysticism, Avenida da Liberdade was, in the 19th century, the city's "Promenade" where the elite strolled ostentatiously along the Avenida. Don't miss the opportunity to walk along Avenida and rediscover that flaunting spirit.

Today, however, you will also discover a busy and bustling Avenida with a bit more to offer than a mere stroll. Avenida features shops displaying the best international brand names, particularly clothing, restaurants and even some theatres. To capture the exclusive and emblematic spirit, Avenida da Liberdade is the ideal location.

Farther up the avenue, you'll come across Parque Eduardo VII, a unique park in the city centre. This park has various attractions and is a refuge from Avenida da Liberdade's hustle and bustle.

AVENIDA DA



Beside the verdant park area, ideal for a peaceful walk, don't pass up on Estufa Fria, a garden teeming with plant species from around the world that will delight children and adults alike. This garden's ambience and its unique botanical variety will remain forever pleasantly etched in your memory.

Parque Eduardo VII offers one of the longest views of Lisbon's valley-like corridor between the flanking hills, different from any other view. At the top of the park, you'll gaze over a unique panorama of the city centre, with the famous Statue of Marquês de Pombal marking the starting point. Further up, you'll find another more recent garden, the Jardim Amália Rodrigues, where you can unwind and enjoy the surroundings.

In late spring, Parque Eduardo VII hosts the Book Fair, one of the city's most important cultural events. If you're in Lisbon at that time, be sure to visit this fair. In addition to its immense selection of books, the fair also features various entertainment and cultural events definitely worth seeing.

LIBERDADE AND PARQUE EDUARDO VII



MEETINGS & INCENTIVES

PARTY

UNTIL
DAWN



Bairro Alto is traditionally Lisbon's nightlife hub. It has been constantly evolving and is now one of the city's most popular nightclub hotspots. The narrow streets become crowded every night, specially on Fridays and Saturdays when everyone unwinds on the weekend.

Bairro Alto's variety of bars and restaurants attracts a colourful mix of patrons, from youths of every imaginable style to a more mature clientele looking for a laid-back bar with good music. The Bairro, as it is known by the regulars, is the only place where bar-goers are allowed to spill out from the bars and into the narrow streets to socialise outdoors, always in good cheer.

BAIRRO ALTO AND SANTOS

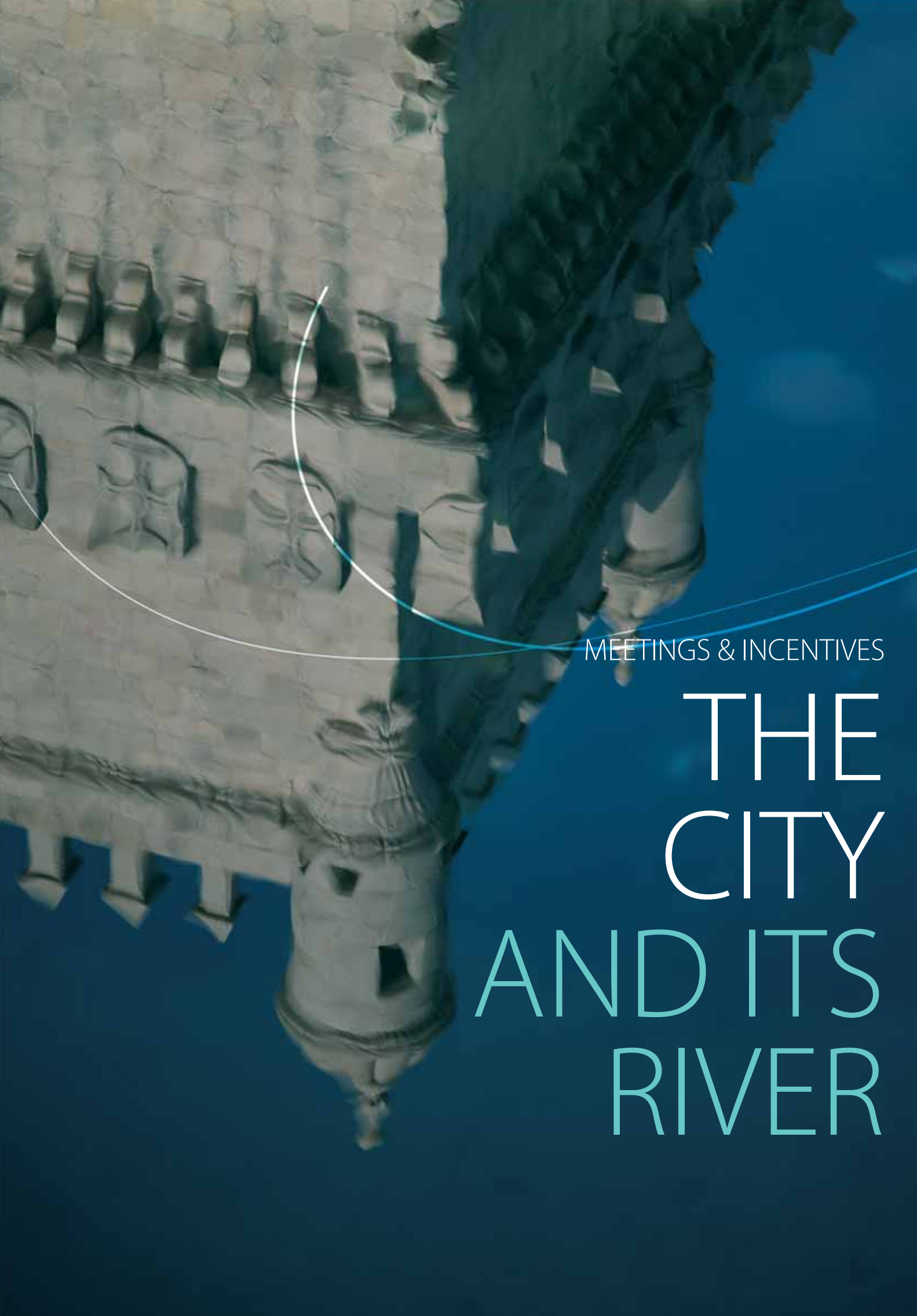
During the day, Bairro Alto is also a special place for a walk. Its streets have many shops selling designer items and clothing, including second-hand clothing. It's a sort of bazaar you won't find anywhere else in the city.

The riverside zone is also a nightlife hotspot featuring clusters of bars that have come to symbolise Lisbon's bar and restaurant scene.

The best-known of these clusters are on the avenue itself, Av. 24 de Julho, and in the Santos Zone. Here, you'll find many bars and discos, including some of the most popular nightclubs.

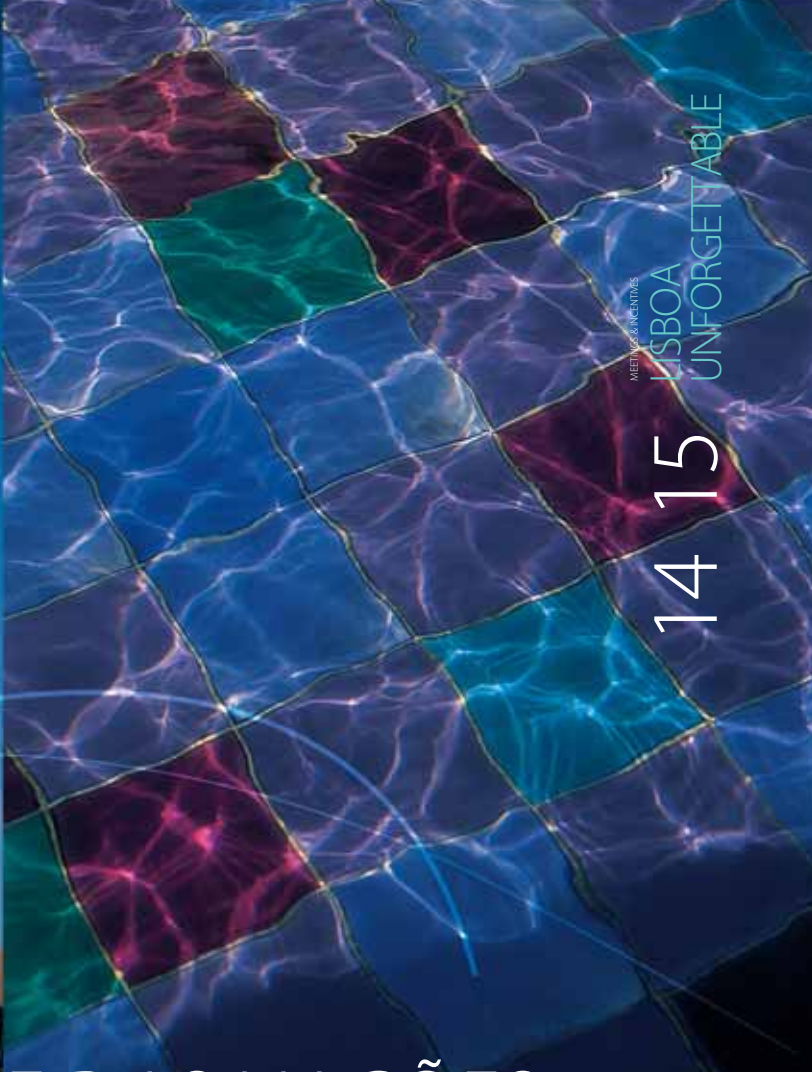
The Docas (docks), in Alcântara and Santo Amaro, are also brimming with nightlife right on the edge of the river. These areas, which are also very popular during the day, are the ideal scenario for a fun-filled night.





MEETINGS & INCENTIVES

THE CITY AND ITS RIVER



MEETINGS & EVENTS
LISBOA
UNFORGETTABLE

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BELÉM AND PARQUE DAS NAÇÕES

Lisbon's riverside has an area - Belém -

- that is a paradigm of Portugal's discovery of new ocean routes and far-away lands. The ships led by Vasco da Gama weighed anchor off this beach on their voyage that discovered the route to India. Belém is filled with reminders of a past empire's grandeur.

Standing in the imposing Praça do Império square, you'll find the Mosteiro dos Jerónimos monastery, one of the capital's most beautiful monuments. The monastery, a Manueline masterpiece, was classified as World Cultural Heritage by UNESCO for its grandiose architecture. Nearby, the Belém Tower is another landmark that has been also classified by UNESCO as unique heritage.

But Belém's attractions do not merely lie in its historical monuments. There is also the very contemporary Belém Cultural Centre that hosts many

cultural events. In essence, Belém is a place for walks through the gardens and along the riverside, culminating with a delicious Belém custard cupcake, one of Lisbon's most sought-after sweets.

In eastern Lisbon, also on the Tagus River banks, you'll find Parque das Nações (former Expo 98), a large urban complex combining cultural, recreational, residential and business activities, one of Lisbon's focal points and an example of integrated modernity. Parque das Nações surprises visitors by its harmonious coexistence with the river and by the wide range of activities going on.

Besides the many riverside gardens, you'll also find unique infrastructures, such as the Atlântico Pavilion, the Lisbon Oceanarium, the Conhecimento (knowledge) Pavilion, the Vasco da Gama Tower and the Casino Lisboa. Take a fantastic ride on the 1-kilometer gondola lift from which you'll enjoy amazing views.

Estoril/Cascais is simply a must

stopping place with a unique character that is romantic, cosmopolitan and teeming with entertainment. It is Greater Lisbon's gateway to the ocean. Regarded by many as the "Portuguese Riviera," the town of Estoril overflows with glamour and charisma. Estoril's many attractions surpass the town boundaries along the marvellous coast to Cascais and beyond. This is undoubtedly where you'll find a sense of well-being and everything necessary for evoking a wide number of sensations.

The sun seems to be always shining. The beaches face south, a string of sandy bars stretching all the way from the Tagus estuary, offering visitors calm water, fine sand and modern facilities that meet every need. Although you'll discover many unique beaches, they all provide the same ultimate

pleasure. The ideal place for water sports, Estoril/Cascais has optimum conditions and infrastructures for those looking for a playground on the ocean.

But the ocean isn't the only attraction of this truly charming spot. It has a wealth of cultural venues that come alive with pleasurable excitement, especially the Estoril Casino.

Here, nature also has a very special appeal. The vibrant ocean and the verdant countryside form an essential ecological balance in this region. The Sintra-Cascais Natural Park is the perfect example of this balance that, while protecting native wildlife species, is also a wondrous leisure area featuring various activities.

ESTORIL | CASCAIS



All these activities will surely stimulate your appetite for the excellent dishes served at local restaurants. Savour some of the area's most typical dishes, especially the exquisite fish delicacies such as rock bass, sea bream or the memorable Cascais sole.

For those with an appetite for more exhilarating thrills, there's an abundance of action-packed sports such as the races at the Autódromo do Estoril international race track.

Estoril's magnificent golf courses make it a golfer's haven. All golfers will feel a divine pleasure stepping onto the renown international greens for that ultimate stroke.

MEETINGS & INCENTIVES

A THOUSAND SENSATIONS IN ONE SINGLE PLACE

PLEASURE AND BUSINESS COMBINED

To complement the never-ending choice of leisure activities, this area also has the best facilities for business meetings. You think it's impossible? In Estoril/Cascais it's actually mandatory.



In Sintra, you're sure to maintain

your senses and curiosity tuned to the surroundings of a cultural landscape that was classified as World Heritage by UNESCO in 1995. Loved through times by artists and writers from around the world, the passion for the town reached its peak in the 19th century during the romantic period. Poets such as Lord Byron, who called it a "Garden of the Earthly Paradise," or Portuguese writers such as Eça de Queiroz, who portrayed it in so many scenes in his books, created a rightfully earned mystical aura over the town.

What makes Sintra such an exceptional place? It's exuberant in all senses. In essence, it's a perfect merger of awe-inspiring nature, magnificent monuments, a blend of excruciating beauty. As an example, we may look at the vast zone classified by UNESCO.

Starting with the town's historic centre, where the Royal Palace stands, one of the region's many monumental buildings. To stroll through the town centre is to step into a magical world, full of apparent insignificances that are in fact extremely exquisite. All of this grandeur is surrounded and watched over by the majestic Sintra Mountain, with its lush verdant vegetation beckoning visitors to explore its marvels. Sintra is a unique example of parks and gardens that have inspired many European landscapes.

At the mountaintop, on one of the cliff tops, you will find the Pena Palace, the most complete and notable example of Portuguese architecture from the Romantic Period, now restored and painted in the original colours contrasting with the wild forest. The palace dates back to 1839 when it was built over the ruins of the Monastery of Jerónimo de Nossa Senhora da Pena.

SINTRA



The numerous monuments in the area classified by UNESCO all deserve a visit. But it's strolling through the town and the mountain that you will marvel at the unique charm and the magical atmosphere of the typical misty halo encircling the mountain top. Take the opportunity to go for a peaceful walk or choose a more picturesque horse-drawn carriage.

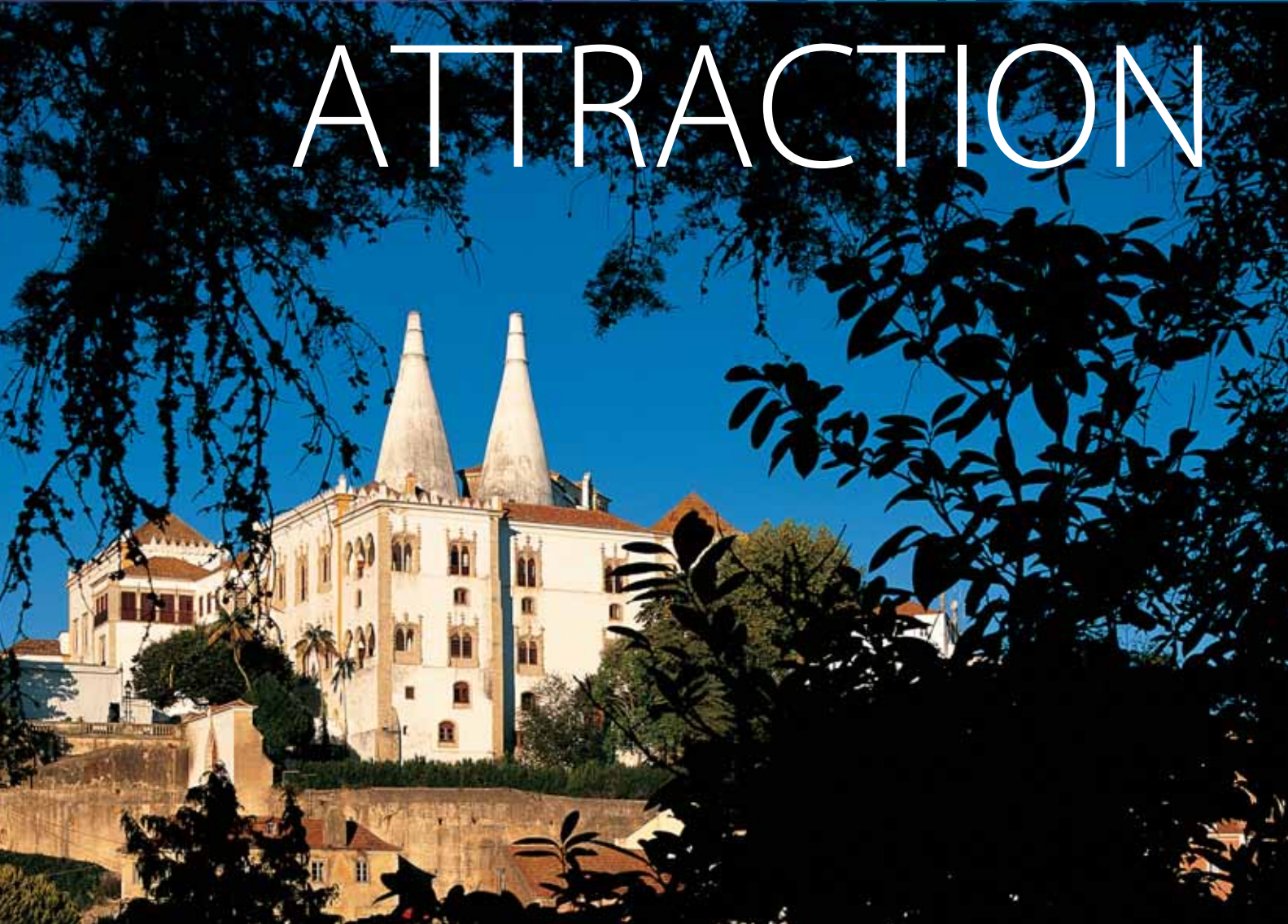
Sintra's attractions, however, do not end in its romantic appeal. In fact, the county of Sintra attracted settlers in remote times and it boasts many archaeological vestiges dating back to the pre-historic period. Its proximity to the ocean also makes the region a unique destination, since it has some of the most beautiful beaches on the Atlantic, such as the Praia das Maças. From the town to that beach, you will drive along an unforgettable road that, in former times, was served by the region's typical streetcars.

If you are looking for an awesome experience, Sintra is the place.

MEETINGS & INCENTIVES

INEXHAUSTIBLE

ATTRACTION





SETÚBAL | TRÓIA

The Setúbal/Tróia area has a wide variety of landscapes, allowing the visitor to enjoy great times while simultaneously having the pleasure of being in unique surroundings.

Lying between Tróia and the city of Setúbal, the Sado Estuary is home to one of the most important Nature Reserves in Portugal. With a large overall size, this estuary is linked to the ocean by means of a relatively narrow channel. The varied landscape types found in this 25 thousand hectare reserve include sand dunes covered with rare plants, sand banks, huge marshes, reed thickets and brushwood areas. But the major attraction of the reserve is the presence in the estuary's waters of several dozen dolphins, which bring unforgettable moments to people who see them.

We advise visitors to take a trip in one of the mini-cruise boats that leave from Setúbal and thus enjoy seeing the dolphins, the estuary and the impressive coast of the Arrábida Natural Park.

The Arrábida area is one of nature's spectacles. The hills, the natural park, the beaches and the historical buildings are just a few of the reasons for visiting the Arrábida.

The Arrábida Natural Park extends from Palmela Hill to Cape Espichel, taking in three botanical and landscape reserves: the Solitário Reserve, the Mata Coberta Integral Reserve and the Vidais Reserve. There are several beaches in the Arrábida Hills area, such as Galapos, with Portinho da Arrábida, lying on the coast below the highest part of the hills, being particularly scenic. Set in that beach's waters is the Pedra da Anixa, a small island that is very popular with divers.

For other pleasures, namely the gastronomic ones, visitors may enjoy delicious fish stews and other exceptional seafood dishes in any of the restaurants located next to the beach.

In Tróia, visitors will find a wide variety of top quality hotels and other tourism infrastructure features. Tróia's beaches are very welcoming and have all the characteristics necessary for visitors to have great times there.

On the other bank of the river Sado is Setúbal, an emblematic city with many points of interest from its history, traditions and people. Since Setúbal's culture is strongly linked to fishing, visitors here can enjoy a wide variety of fish, seafood and mollusc dishes. The city's gastronomy and people make Setúbal a very pleasurable place for visitors.

The natural beauty of this area is the perfect setting for playing golf. The golf courses in this region are surrounded by muscatel vineyards, cork oak trees - typical trees of this area - and natural lakes.

MEETINGS & INCENTIVES

LISBOA
UNFORGETTABLE

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MEETINGS & INCENTIVES

BEAUTY

TO BE ENJOYED
TO THE
FULL

DEMOGRAPHICAL INFORMATION

Approximately 600.000 people live in Lisboa. However, including the various satellite towns, the population of Greater Lisboa rises to approximately 2 million people.

LISBOA-RESIDENT POPULATION/2005 (THOUSANDS)

Lisboa City	519 795
Greater Lisboa	2 012 925
Lisboa Region	2 779 097

RELIGION

Portuguese culture is greatly influenced by religion. Although Catholicism predominates, other religions may be freely practised.

EQUIVALENT MEASURES

1 cm	0.39 inches
1 metre	39.37 inches / 3.28 feet / 1.09 yards
1 km	0.62 miles
1 inch	2.54 cm
1 foot	0.39 metres / 12 inches
1 yard	0.91 metres
1 mile	1.60 km
1 sq. foot	199 sq. inches / 0.0929 m ²

LANGUAGE

Portuguese is Latin in origin and the third most spoken European language in the world. It is the mother tongue of about 200 million people. Portuguese is the official language in several countries: Angola, Cape Verde, Guinea-Bissau, Mozambique, São Tomé e Príncipe in Africa, and Brazil in South America. In Portugal itself a considerable number of people can understand and communicate in foreign languages.

WORKING HOURS

Buses	Every day 6.30 a.m.-12 p.m./1 a.m.
Banks	Mon.-Fri. 8.30 a.m.-3 p.m.
Shopping Centres	Every day 10 a.m.-12 p.m.
Shops	Mon.-Fri. 9 a.m.-7 p.m. Sat. 9 a.m.-1 p.m.
Embassies	Mon.-Fri. 9 a.m.-3 p.m.
Post Offices	Mon.-Fri. 8.30 a.m.-6.30 p.m.
Pharmacies	Mon.-Fri. 9 a.m.-7 p.m. also: 24 hour (night) service
Meal Times	Lunch: 12 a.m.-3.30 p.m. Dinner: 8 p.m.-10.30 p.m.
Underground	Every day 6.30 a.m.-1 a.m.

TIME ZONES

AUSTRALIA	Camberra	+ 10 h
BRAZIL	Brasilia	- 3 h
FRANCE	Paris	+ 1 h
GERMANY	Berlin	+ 1 h
HOLLAND	Amsterdam	+ 1 h
ITALY	Rome	+ 1 h
JAPAN	Tokyo	+ 9 h
NORWAY	Oslo	+ 1 h
SOUTH AFRICA	Cape Town	+ 2 h
SPAIN	Madrid	+ 1 h
SWEDEN	Stockholm	+ 1 h
UK	London	=
USA	Chicago	- 6 h
USA	Los Angeles	- 8 h
USA	New York	- 5 h
USA	Washington	- 5 h

GEOGRAPHICAL SITUATION

Lisboa is the capital of Portugal and lies on the north bank of the Tagus Estuary, on the European Atlantic coast. It is the westernmost city in continental Europe. Greater Lisboa has an area of approximately 1,000 km². The city lies more or less in the centre of the country, approximately 300 km from the Algarve in the south and 400 km from the northern border with Spain. Lisboa offers a wide variety of options to the visitor, including beaches, countryside, mountains and areas of historical interest only a few kilometres away from the city centre.

TELECOMMUNICATIONS

In terms of telecommunications, Lisboa offers state-of-the-art technology and can supply a large number of phone lines and other communication equipment in the shortest possible time. Portugal Telecom, the Portuguese telecommunications group, operates with a wide range of technological networks for telephone services, data communications, international and satellite connections, mobile communications and cable TV, thus ensuring ease of contact with the rest of the world.

EUROPE MAP

MEETINGS & INCENTIVES
LISBOA
UNFORGETTABLE

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PORTUGAL
LISBOA

MEETINGS & INCENTIVES

USEFUL INFORMATION

ELECTRICITY

Voltage: 220/380 volts at a frequency of 50 Hertz. All sockets follow European standards. To use American-type plugs, a 220-volt transformer should be used together with an adapter plug.

CLIMATE

Due to the influence of the Atlantic Ocean, Lisboa has a pleasant climate throughout the year. The agreeable temperatures in the summer months are an open invitation for a walk by the river, or to spend an afternoon in one of the many street cafés to be found all over the city. Although the temperatures may fall somewhat in the autumn and winter months, sunshine is almost always a constant feature.

		JAN/MAR	APR/JUN	JUL/SEP	OCT/DEC
Air	oC	17.1	21.8	26.3	17.2
Temperature	oF	62.8	71.2	79.3	53.0
Sea	oC	14.9	17.5	19.5	16.1
Temperature	oF	58.8	63.5	67.1	60.0

SCHEDULES

Opening hours in Portugal are similar to those in the rest of Europe. The visitor has access to all normal services at any time of the day and on all days of the week - not only in Lisboa, but also in the rest of the country. Pharmacies keep the same opening hours as the rest of the shops but, in order to guarantee 24-hour service, some stay open after 7 p.m. Generally speaking, restaurants are open for lunch from 12 noon to 3 p.m. and for dinner from 7 p.m. to 10 p.m.

Cinema sessions begin at around lunch-time, and at some cinemas there are sessions until 2 a.m. Theatres and other shows usually start between 9 p.m. and 10 p.m.

CURRENCY

The unit of currency in Portugal is the Euro. Foreign currency may be exchanged at banks, which are open to the public from 8.30 a.m. to 3 p.m. over the five working days, and at exchange offices and automatic machines.

Lisboa is easy to get to.

It is a short flight away from most European cities, and is just as easily accessible by road, railway or sea

BY AIR

Lisboa International Airport, 7 km from the city centre, has daily flights to and from major cities around the world.

BY ROAD

The city has good road accesses and the most frequently used routes are: the A1 motorway, the 25th April Bridge, the Vasco da Gama Bridge, and the CREL, the outer ring-road for the Lisboa region.

BY RAIL

Scores of national and international trains arrive in Lisboa every day. In addition to Santa Apolónia terminal station, the city has the Gare do Oriente, which opened in 1998 adjacent to the Nations Park. Both stations have direct bus and underground connections to the city centre.

BY SEA

The Port of Lisboa is the busiest port on the European Atlantic coast. It has three terminals for cruise ships: the Alcântara, Rocha de Conde d'Óbidos and the Santa Apolónia terminals. Lisboa is a port of call for many cruise ships. Furthermore, the city also has marinas in the docks of Belém, Santo Amaro, Bom Sucesso, Alcântara and Olivais Docks.

IMPORTANT CONTACTS AT THE AIRPORT

ANA-AEROPORTOS DE PORTUGAL

AEROPORTO DE LISBOA

Alameda das Comunidades Portuguesas 1700- 111 LISBOA

Ph: (+351) 21 841 35 00; Fax: (+351) 21 841 36 75

lisbon.airport@ana.pt

www.ana.pt

INFORMATION ON FLIGHT ARRIVAL AND DEPARTURE TIMES

Ph: (+351) 21 841 37 00

www.ana.pt

BAGGAGE CLAIM (LOST AND FOUND)

GROUND FORCE Tel. (+351) 21 841 55 65

PORTWAY Tel. (+351) 21 844 51 82

TRAINS

www.cp.pt

www.fertagus.pt

TURISMO DE LISBOA INFORMATION COUNTER Ph: (+351) 21 845 06 60

PUBLIC TRANSPORTATION FROM THE AIRPORT TO DOWNTOWN LISBOA

AEROBUS/CARRIS COMPANY

Linking the Airport to downtown Lisboa and Cais do Sodré Train Station.

To city centre (every 20 minutes from 7.40 am to 8.45 pm)

PUBLIC BUSES / CARRIS COMPANY

To city centre Buses: 5, 22, 44, 45, 83

www.carris.pt

AIRPORT SHUTTLE BUS/SCOTTURB

To Cascais/Estoril (every hour from 7.00 am to 10.30 pm)

TAXIS

Available right outside the Arrival and Departure halls.

TAXI VOUCHER

Taxi Voucher Service at the Lisboa Airport - courtesy, friendliness, and safe driving. This service is available to passengers arriving at Lisboa Airport who wish to travel by taxi. The service operates with vouchers on sale at the Turismo de Lisboa counter, located in the arrival hall. The price of the voucher depends on the distance of the trip or length of time, as well as on the type of service required: normal or personalized (in the last counter, the driver is trained to speak foreign languages and acts as tourist guide).

AT THE AIRPORT

Lisbon Airport is currently welcoming more than 12 million passengers and, with an annual average growth of 7% in the last ten years, is set on continuing to be one of the fastest growing airports in Europe. In 2007 Lisbon Airport route map covers 93 airports in 88 cities. The attractive international atmosphere, the growth in transfer traffic from Europe to Brazil and the increasing demand contributed to a positive evolution over the last years.

To enable the airport to handle the expected growth and remain competitive a €350 million development plan is now taking place that will expand the airport's capacity to its maximum, covering all the needs of both airlines and passengers.

The new terminal 2 opened in August 1st was the first project to be concluded. In its first phase it will cater for domestic departures and quick

transfer passengers, but very soon it will be able to host other airlines wanting to operate in a free hassle functional environment. One of the airport's major goals is to establish itself as the main hub to connect Europe to Africa and to Brazil, which explains the need to diversify its traffic, by attracting new airlines, increasing frequencies and establishing new routes.

The airport is also aiming to strengthen the communication between all parties involved in the air transportation chain, creating new regular information channels with airlines, in a customer-oriented approach making sure that their operation is successful, thus rendering the highest quality services.

MEETINGS & INCENTIVES

HOW TO GET HERE

INTERNATIONAL AIRLINES WITH SCHEDULED FLIGHTS TO LISBOA

AER LINGUS	KLM
AERONCONDOR	KRASAIR
AIR BERLIN	LUFTHANSA
AIR FRANCE	REGIONAL AIR LINES
AIR MOLDOVA	ROYAL AIR MAROC
AIR NOSTRUM	SAS BRAATHENS
AIR TRANSAT	SATA
AIGLE AZUR	INTERNACIONAL
ALITALIA	SKY EUROPE
BLUE AIR	SWISS
BMIBABY	TAAG
BRITISH AIRWAYS	TACV
BRUSSELS AIRLINES	TAP PORTUGAL
CENTRALWINGS	THOMSONFLY
CLICKAIR	TUNISAIR
CONTINENTAL	TURKISH AIRLINES
EASYJET	UKRAINE
EGYPTAIR	INTERNATIONAL
FINNAIR	US AIRWAYS
GERMANWINGS	VUELING
IBERIA	

WORLDWIDE SCHEDULED DESTINATIONS

Amsterdam	Geneva	Pamplona
Barcelona	Hamburg	Paris
Basel/Mulhouse	Helsinki	Philadelphia
Berlin	Istanbul	Prague
Bilbao	Johannesburg	Praia
Birmingham	Kiev	Recife
Bissau	La Coruna	Rio de Janeiro
Bologna	La Valleta	Sal
Bordeaux	Liverpool	Salvador
Boston	London	Saragoça
Brasília	Luanda	São Paulo
Bristol	Luxembourg	São Tomé Island
Brussels	Lyon	Sevilla
Bucarest	Madrid	Stockholm
Budapest	Malaga	Stuttgart
Cairo	Manchester	Toronto
Caracas	Maputo	Toulouse
Casablanca	Marseille	Tunis
Chisinau	Milan	Valencia
Clermont-Ferrand	Moscow	Venice
Cologne	Munich	Vienna
Copenhagen	Natal	Warsaw
Dakar	Newark	Zagreb
Dublin	Nice	Zurich
Dusseldorf	Oslo	
Fortaleza	Oviedo	
Frankfurt	Palma Mallorca	

FLIGHT TIMES TO LISBOA FROM SOME EUROPEAN CITIES

Amsterdam	2h50
Barcelona	1h45
Brussels	2h40
Budapest	3h50
Copenhagen	3h30
Dublin	2h40
Frankfurt	2h55
Geneva	2h25
Istanbul	3h45
Kiev	4h00
London	2h30
Luxembourg	2h40
Madrid	1h05
Milan	2h40
Moscow	5h25
Munich	3h05
Oslo	3h55
Paris	2h20
Prague	3h25
Rome	2h45
Sofia	4h20
Stockholm	4h15
Stuttgart	2h50
Vienna	3h30
Warsaw	4h15
Zurich	2h40

LISBOA-DAKAR JANUARY

The geographical position makes Portugal the perfect bridge between Europe and Africa and the natural host for the Dakar rally. The enthusiasm of the Portuguese people for sports makes this rally an event not to miss.
www.dakar.com

INDIELISBOA APRIL

Is a privileged event to meet the most recent and interesting works of independent cinema from all over the world. (The main aim of the Festival is to discover new films and new directors, in the universe of independent cinema. (Keeping its attention on the author's creativity and independence, in only three years INDIELISBOA was able to become the second most important Portuguese festival.
www.indielisboa.com

PORTUGAL MOTORCYCLING GRAND PRIX SEPTEMBER

In Estoril as part of the World Motorcycling GP, this increasingly popular motorcycling race is back on the legendary Estoril Motordrome.
www.circuito-estoril.pt

DOCLISBOA OCTOBER

In October the world fits into Lisbon. The only Portuguese competitive festival entirely dedicated to documentaries, it will bring the best of the contemporary national and international production offering 11 days of an intensive program. Doc Lisboa 2007 also focuses on breaking new ground and on the great diversity and vitality of this cinema of reality.
www.doclisboa.org

MEETINGS & INCENTIVES

MAJOR REGULAR EVENTS

FESTAS DE LISBOA JUNE

These celebrations take place in the historical quarters of Lisboa. At the street parties people dance, listen to Fado, eat grilled sardines and drink. It is also traditional to hold a collective wedding ceremony where the brides are known as Brides of Saint Antonio .
www.egeac.pt

OCEANS' FESTIVAL JULY/AUGUST

The Oceans' Festival is a thrilling tour of the seven seas, made on dry land. It will attract thousands of locals and visitors to the Tagus riverside area where they can watch concerts, urban interventions on the theme of oceans, multimedia shows and musical pyrotechnics.
www.festivaldosocianos.com

JAZZ AT THE CALOUSTE GULBENKIAN FOUNDATION AUGUST

An initiative set up by the Gulbenkian Foundation in 1984. The programme includes concerts by world acclaimed musicians, whilst promoting current trends in contemporary Jazz.
www.camjap.gulbenkian.pt

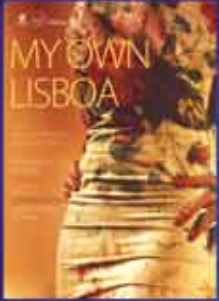
ARTE LISBOA NOVEMBER

International Art Fair gathering the most prestigious art galleries in Europe thus promoting Contemporary Art in Lisboa. One of the most important objectives for ARTE LISBOA - Contemporary Art Fair, is to stimulate the development of patronage and artistic production. In the Nations Park of Lisbon.
www.artelisboa.fil.pt

NEW YEAR'S EVE PARTY DECEMBER

This super-event marks the transition from the Old Year to the New Year. Staged usually in the waterfront of the river Tagus, it includes some concerts with some famous names as well as street entertainment and, of course, fireworks.
www.visitlisboa.com

SOME OF OUR REGULAR PUBLICATIONS



MY OWN LISBOA



FOLLOW ME LISBOA



CONVENTION BUREAU

COLLATERAL MATERIAL

BROCHURES

LISBOA - A VERY PERSONAL EXPERIENCE

LISBOA - A VERY PERSONAL EXPERIENCE (light version)

GOLF - LISBON GOLF COAST

OTHERS

Maps

CD-Rom

DVD/Video

Image Bank

Newsletters

MEETINGS & INCENTIVES

OUR PRODUCTS & PUBLICATIONS

TAXI VOUCHER

Service at the Lisboa Airport. This service is available to passengers arriving at Lisboa Airport who wish to travel by taxi. The service operates with vouchers on sale at the Turismo de Lisboa counter, located in the arrival hall. The price of the voucher depends on the distance of the trip or length of time, as well as on the type of service required: normal or personalized (in the former, the driver is trained to speak foreign languages and acts as tourist guide).



LISBOA RESTAURANT CARD

Lisboa Restaurant Card is valid for 72hours, which offers discounts in over 46 restaurants, from 5% to 10% per meal. Lisboa Restaurant Card can be purchased at Tourism Offices and is available as single, double and family (two adults and two children until 14 years old).



HOTEL VOUCHER

Official room booking in the hotels of Lisbon and surrounding area. On sale at Airport-Arrivals, Lisboa Welcome Centre, Sta. Apolónia Station and Palácio Foz.



LISBOA CARD

Lisboa Card - Your Passport to the City - is, in fact, the easiest and most convenient way of getting to know Lisbon, in an autonomous way. It is a card which, in general terms, allows free and unlimited travel in Carris buses, trams and funiculars, underground, as well as on CP train lines Rossio-Sintra-Oriente and Cais do Sodré-Cascais and free admission on 26 museums, historic buildings and many other places of interest. The Lisboa Card is available at Turismo de Lisboa booths, located at Lisbon Airport - Arrival Hall, from 7a.m. to 12a.m., Palácio Foz in Praça dos Restauradores, from 9a.m. to 8p.m., Lisboa Welcome Center in Praça do Comércio, from 9a.m. to 8p.m., Stª Apolónia International Railway Station or at Rua Augusta and Belém Kiosks.



LISBOA SHOPPING CARD

The Lisboa Shopping Card is a great way to save while visiting Lisboa, valid for either 24 or 72hours, which provides discounts to all Lisboa visitors. The Shopping Card is accepted at over 200 member shops in Baixa, Chiado and Avenida da Liberdade. For discounts between 5% and 15% simply buy the card at any Tourist Office and validate it before your first purchase. Then please make your whims and save!





INSPIRATIONS

Gastronomy, wine, the simple act

of having a meal or a drink with some friends - all of these are fundamental aspects of life in this region.

The unique characteristics of Portuguese cuisine are within your reach and you should make the effort to discover them. The proximity to the sea means that local fish and seafood dishes which are truly delicious are a major part of the regional gastronomy. Cod is prepared in 1001 ways, all of them irresistible. In Lisbon you will also find the best of Mediterranean cuisine, bread, olive oil, cheese, sausages and a huge variety of savouries and delicacies. If you travel to Lisbon in the autumn you will be surprised by the enchanting aroma of roast chestnuts, sold in the streets.

In Lisbon you will find a vast range of restaurants, from the most traditional and basic to the most sophisticated and international. Young and innovative chefs are reinventing Portuguese cuisine, with interesting and refined ways of preparing the traditional produce of our gastronomy, making the apparently simple act of eating into something rather special. However, you can still find some treasures of regional cooking in small taverns ("tascas") in the traditional districts of Lisbon, always in a welcoming setting. Whether you are looking for sophistication, big servings, tradition or simplicity, Lisbon is always the perfect place to enjoy a meal.

MEETINGS & INCENTIVES

AT THE TABLE WITH LISBON

No matter what you are eating, the best way to fully enjoy the moment is to accompany your meal with some Portuguese wine. With many wine making regions and lots of different types of wine, the wine-making tradition of our country enables the Portuguese to have a national wine that goes perfectly with any dish. In the region you will also find places that specialise in wines and restaurants with truly astonishing wine cellars.

And to round off this rich and varied gastronomic experience, sit back and soak up the atmosphere. Choose an esplanade where you can enjoy the late afternoon sunshine, discover the cafés where friends meet each other and be sure to try our delicious sweets and cakes.

Join us at the table.



Going shopping in Lisbon is always

a pleasurable experience with lots of variety. From the most traditional shops to large, modern shopping centres, from Portuguese brands to international brands, shopping in Lisbon encompasses just about everything.

But there are some places where the shopping experience is about much more than just selecting a nice product. In the centre of Lisbon you will find different areas where the shops specialise in certain types of items and tastes. If you're not sure what you want, let us guide you: if you want to start off by visiting some traditional, old-style shops you can't do better than visit the downtown area (the Baixa), which has a unique selection of shops, some of which have remained unchanged for decades.

There you will find picturesque shops over a hundred years old which retain the outlines of the Pombaline style architecture and, in some cases, the remains of previous uses. Going up to Chiado, you will find a more glamorous and varied choice, with design shops and bookshops that are a pleasure to stroll through and which offer products that are not easily found elsewhere. On Avenida da Liberdade you will find the major

INSPIRATIONS

MEETINGS & INCENTIVES

ALL KINDS OF SHOPS AND SHOPPING

international brands, particularly from the world of fashion, with the variety and quality that you would expect to find in a European capital city. In Bairro Alto you will find mainly alternative-style offerings, with clothes shops - national stylist shops and some second-hand clothes shops - as well as décor, design and music shops. In Santos you will find a concentration of design shops in large spaces which always display an alternative vision of objects and decoration. Nearby, you will find fresh produce and flowers in the unforgettable "Mercado da Ribeira", a unique feature of the city, where all of your senses will be stimulated. On Tuesdays and Saturdays you can visit the most important fair in the city, the famous "Feira da Ladra" (Thief's Fair), where, in addition to interesting knick-knacks you will also find some real collector's pieces. ☒

The shopping centres scattered about the region are also special. Lisbon has some of the largest and most varied shopping centres that you could hope for, while out of the city centre there are more of these excellent shopping centres where you can find everything you want, including those presents to take back home.

MEETINGS & INCENTIVES

LISBOA
UNFORGETTABLE

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For a unique journey inside the city,

there's nothing better than travelling along the riverfront between Praça do Comércio and Belém, discovering Lisbon next to the Tagus.

Make this experience even more memorable and choose a means of transport that is a bit out of the usual. We suggest a tram or, for an even freer journey, hire a sidecar and set off on your way.

Start the tram journey at Cais do Sodré, sit back and enjoy the passing views. On your route you will see interesting features of the city, before arriving at Belém.

INSPIRATIONS



If you are going by sidecar, you will be freer to choose your route and we propose that you travel closer to the river. Leave Praça do Comércio and when you get to Cais do Sodré take the road between the railway line and the river. Follow the river for a while and you will arrive at the Docks (Docas) and the gardens beyond, going under the 25 de Abril Bridge. Entering Belém, you will see the imposing Electricity Museum building. Stop at the Belém Tower and relax in the riverside gardens.

MEETINGS & INCENTIVES

AN UNRIVALLED ROUTE

MEETINGS & INCENTIVES

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This is one of the most emblematic routes in Lisbon. The no. 28 tram journey gives you the opportunity to pass through some of the city's most characteristic districts, in a route winding up and down from one surprise to another.

Starting at Prazeres, the tram rolls down to Estrela, where you can see the imposing basilica, and further down still, the Assembly of the Republic. Going uphill once again, to Chiado, we can watch people walking about in the streets and see the cafés and theatres, with the river in the background.

Rolling downhill to Baixa, the commercial centre of the city, we cross along Rua Augusta arch, the city's gate of entry, and then start to go uphill again. Now we enter the old Lisbon of narrow streets, the old Cathedral (Sé), the viewpoints over the Tagus river which never leaves us, getting close to São Jorge Castle. If the tram stops at Graça, go to the Graça and Senhora do Monte viewpoints to get great views over the city. If the tram continues its journey, you will arrive at Martim Moniz, where you will have a cultural "melting pot" experience right in the centre of the city.

Make sure you take this tram. No matter where you get on it, the journey will be worthwhile.



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SKETCHING OUT THE CITY

ON THE N° 28 TRAM

Diversity is a constant element

of this region, and another important feature is the mixture between tradition and modernity, clearly seen in the city and nearby. One thousand years of history, with modern features meeting present-day requirements, make Lisbon unique.

The contrasts of this duality have many points of interest: from the "Parque das Nações", with its modern architecture and innovative attractions, to the historical districts, places that have seen the comings and goings of various peoples and cultures, Lisbon is always a revelation to visitors. It is a living city, as can be seen in the downtown area, the Baixa Pombalina,

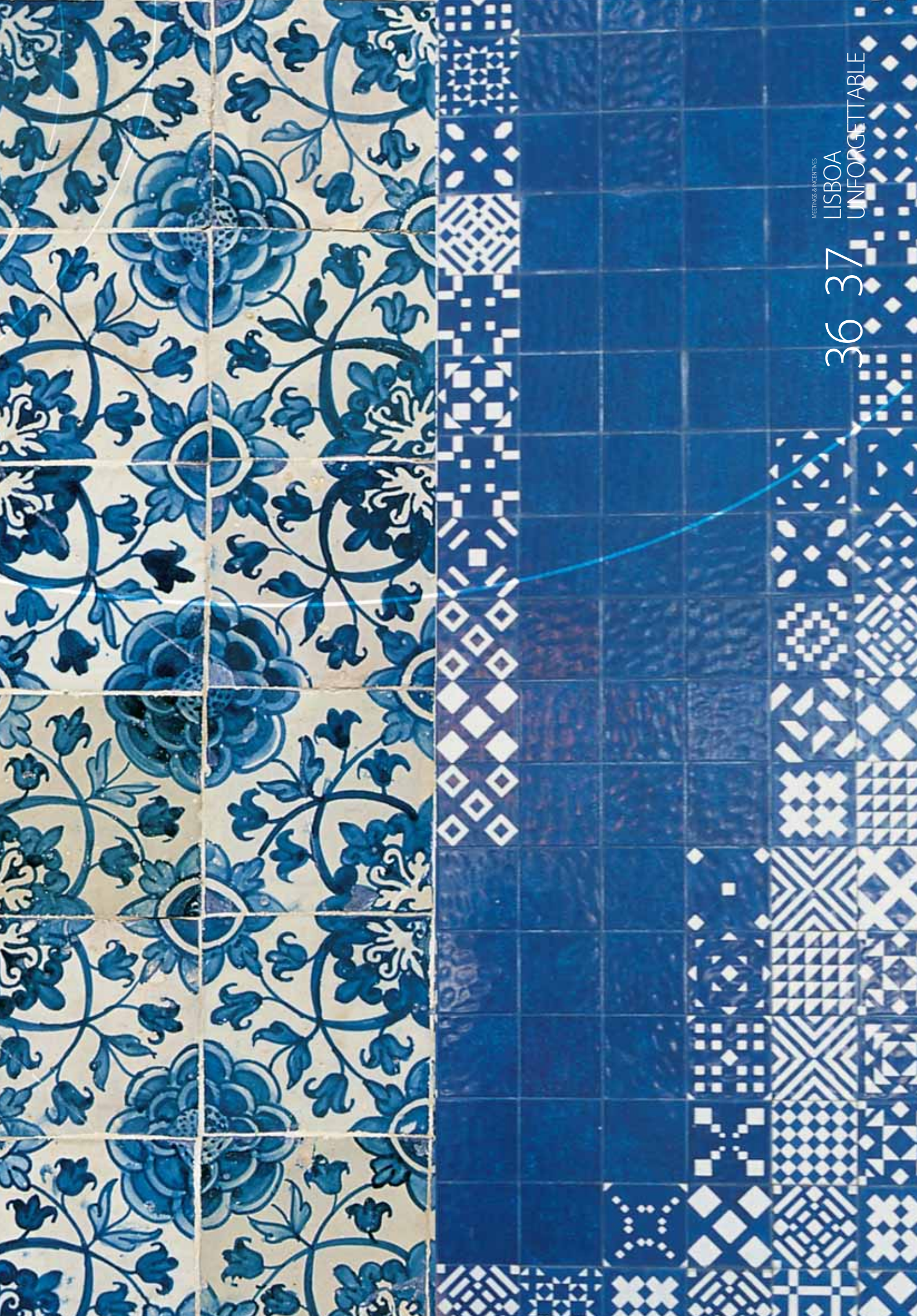
rebuilt after the 1755 earthquake, or in Chiado, also rebuilt, in the 20th century, after the 1988 fire. There is a real interaction, very often in the same location, between the past and the present, with great harmony.

Lisbon also has some unique museums that bear witness to this contrast. One of the most popular is the Coach Museum; while the Fado Museum is truly unique. You will find the best of art in the Ancient Art Museum and in the Berardo Modern Art Collection. For up to date exhibitions, you should visit the Belém Cultural Centre, and the Chiado Museum.

INSPIRATIONS

MEETINGS & INCENTIVES

WHERE
THE PAST
MEETS THE
FUTURE



MEETINGS & RECENTIVES

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Parque das Nações is a very recent

part of the city, created for Expo98, and offers visitors lots of ways of spending their time. With modern architecture and emblematic buildings, the area is organised in a harmonious way to ensure that all the time you spend here will be very pleasurable.

Open to the river, Parque das Nações lets you take special walks in the city, making the most of a unique relationship with all of the surrounding elements. Whether on foot, by bicycle, or using one of the forms of rental transport available, this is a walk that is really worthwhile. And if you are looking for a different perspective, there's nothing better than taking a trip in the cable-car to enjoy the city from on high.

A place to be, to see, but also to do things, Parque das Nações also has the Oceanarium, where you will be amazed at the marine wealth of our planet.

For another enriching experience, visit the Museum of Knowledge, a lively space where you can interact with and try out some of the scientific discoveries that enabled humanity to evolve and advance.

And there are lots of leisure possibilities. At Parque das Nações you will find numerous restaurants, specialising in a range of different cuisines, where you will be sure to eat well. For really letting go, there's nothing better than shopping in the Vasco da Gama shopping centre, also in this part of the city, or having a bet in the Casino Lisboa.

There's also entertainment and culture here. Both the Atlântico Pavilion and the Casino host different types of shows and events that you can attend and the Camões Theatre has a regular programme of shows, particularly dance performances.

Don't miss the rich and diversified experience that is Parque das Nações.



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UNFORGETTABLE

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SO MUCH
TO DO AT
PARQUE DAS
NAÇÕES

For another journey that also

shows you lots of the region, you cannot do better than take the train from Cais do Sodré all the way out to Cascais. On the way you will see numerous unforgettable sights, ending up with a special meeting with the sea. From start to finish of your train trip, the landscape is always changing and you'll never feel bored.

The journey to Belém is just an instant and through the window you will see the fantastic monuments. For now, the journey shows you "just" the city and the river, with the passengers following the flow down to the river

mouth. Further on, the landscape starts to change. Outside Lisbon, the urban setting changes as the river opens up to the sea.

Finally, the sea appears, with one beach following another, but the journey isn't over yet. Take it all in. When you reach Cascais you'll want to return by the same route but before doing that make sure you visit and enjoy the town, having a walk next to the sea. Just a short time ago you were in the centre of Lisbon and now, having arrived at your destination, it seems you are in a different time and setting.

Now, imagine the journey back.

INSPIRATIONS

MEETINGS & INCENTIVES

FROM THE CITY CENTRE TO THE SEA



MEMÓRIA E CULTURA

LISBOA
UNFORGETTABLE

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INSPIRATIONS

MEETINGS & INCENTIVES

THE RIGHT ACCOMMODATION FOR YOU IN LISBON

As in everything else in Lisbon, the region offers a wide range of types of accommodation. It's up to you to choose what type of accommodation best fits your holidays – from large international chain hotels to charm hotels, very often built in old convents or palaces, which provide you with a different type of view of the region and the city, transporting you to by-gone times.

But finding a place to stay is not just about sleeping and in Lisbon you will also find a large number of Spas, in which you will be able to relax, putting

your well-being first and living real Zen moments. Set aside some time to forget about the hustle and bustle of the city and enjoy the relaxation, tranquillity and recuperation that you will experience in a full spa.

At the Ritz Spa or in the Lapa Wellness Centre you will find the satisfaction of moments of meditation and well-being. You may think you're dreaming when you're there, but it's something you'll really be experiencing. And you'll have the assurance that the treatment you receive will be prescribed by specialised staff, especially planned to meet your personal needs.

VENUES TO DINE FOR

Choose the best one for your event from the following list. Add a touch of sophistication or be simply casual . Start with an aperitif . Add the taste of the Portuguese cuisine. Don't forget the music . Result: An unforgettable event !

NAME	MAXIMUM CAPACITY IN LARGEST ROOM		NAME	MAXIMUM CAPACITY IN LARGEST ROOM	
	BANQUET	COCKTAIL		BANQUET	COCKTAIL
<i>CENTURIES OF HISTORY</i>			Casal de Paulos	300	500
Convento do Beato	1500	2000	Quinta da Regaleira	40	60
Palacio Rocha Conde de Obidos	280	500	<i>BANQUETING ON BOARD</i>		
Palacio Foz	160	200	Cacilheiro	600	
Palacio Nacional Ajuda	100	150	M/V Lisboa Vista do Tejo	134	134
Cordoaria Nacional	3500	4000	Yacht Albacora	140	200
Castelo St Jorge	120	150	Leão Holandes	80	80
Casa do Leão Restaurant	120	200	Fragata Afonso Albuquerque	120	150
Palacio de Queluz	220	400	Portuguese Tradition		
Cozinha Velha Restaurant	140	200	Mercado da Ribeira	250	500
Palacio da Pena Restaurant	120	150	Gare Marítima Alcântara	450	600
Convento de Mafra	200	400	Pateo Alfacinha	125	250
<i>MUSEUMS</i>			Adega regional Colares	600	800
Museu dos Coches	180	250	Centro Equestre da Lezíria	1200	2000
Museu da Marinha	700	900	<i>MODERN</i>		
<i>FRESH BY NATURE</i>			Lisboa Welcome centre	150	250
Estufa Fria	850	1500	Atlantic Pavilion	4000	5000
Tapada da Ajuda	300	550	Casino Estoril	800	300
Estufa Real	120	250	KAIS Restaurant	400	400

MEETINGS & INCENTIVES
LISBOA
UNFORGETTABLE

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VENUES

DMC's

ABREU DESTINATION MANAGEMENT - PORTUGAL
Av. 25 de Abril, 2 – Edifício Abreu
2799-556 LINDA-A-VELHA
T: +351 214 156 100
F: +351 214 156 383
E: dmcportugal.lisbon@abreu.pt
W: www.dmcportugal.abreu.pt

AIMS PORTUGAL
R. Garrett, 61 – 3º
1200-203 LISBOA
T: +351 213 245 040
F: +351 213 245 050
E: lisbon@aims-international.com
W: www.aims-international.com

BLANDY LISBOA
Rua Castilho nº 44 – 5º andar
1250-071 Lisboa
T: +351 213 244 880
F: +351 213 432 993
T: info@blandylisboa.com
W: www.blandy.com

FORUM TUR
Av. Maria Helena Vieira da Silva, 20 B
1750-182 LISBOA
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F: +351 213 426 692
E: forumtravel@forumtur.pt
W: www.forumtur.pt

FULL SERVICES PORTUGAL
R. Visconde de Santarém, 71, 5º
1000-286 LISBOA
T: +351 211 106 014
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E: fsp@fullservicesportugal.pt
W: www.fullservicesportugal.com

GEOTUR
Aeroporto de Lisboa – R. C, Edif. 124, 5º
1749-032 LISBOA
T: +351 218 422 700
F: +351 218 474 261
E: incoming@geotur.com
W: www.geotur.com

INTERVISA TRAVEL SERVICE, DMC
Av. Fontes Pereira de Melo, 6 – Lj.
D1/D2
1050-121 LISBOA
T: +351 217 990 460
F: +351 217 955 151
E: geral@intervisa.pt
W: www.intervisa.pt

OÁSIS – TURISMO E VIAGENS
R. Alexandre Herculano, 3 B
1169-070 LISBOA
T: +351 213 129 092
F: +351 213 157 469
E: incoming@oasistravel.net
W: www.oasistravel.net

PLANO GLOBAL EVENTS PORTUGAL
R. Prof. Reinaldo dos Santos, 50 A
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E: plano@globaleventsportugal.com
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PORTIMAR
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1100-527 LISBOA
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PORTUGAL TRAVEL TEAM
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T: +351 218 161 600
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TUI PORTUGAL/MILTTOURS
Av. Infante Santo, 66 F
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T: +351 213 920 369
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E: mgama@milttours.pt
W: www.milttours.pt

VEGA
Cç. Marquês de Abrantes, 43 – 1º Dto.
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T: +351 213 976 053
F: +351 213 976 058
E: vega@vega.pt
W: www.vega.pt

VIVA TRAVEL
Edifício Arcis,
Rua Ivone Silva, 6, 5ºesq.
1050-124 LISBOA
T: +351 213 174 818
F: +351 213 544 174
E: josequintino@viva-travel.pt
W: www.viva-travel.pt

MEETINGS & INCENTIVES

DMC'S & PCO'S

CITUR
Largo da Lagoa, 15 F
2795-116 LINDA-A-VELHA
T: +351 217 712 610
F: +351 217 712 619
E: lisbon@citur.pt
W: www.citur.pt

LIMITS
R. do Comércio, 8 – 6º
1100-150 LISBOA
T: +351 218 820 100
F: +351 218 860 593
E: info@limits.pt
W: www.limits.pt

QUASAR
R. Artilharia Um, 39 A
1269-146 LISBOA
T: +351 210 304 400
F: +351 213 831 587
E: quasar.lis@mail.telepac.pt
W: www.quasar-dmc.pt

PCO's

FORUM D'IDEIAS
R. da Juventude Azeitonense, Lt. 137 B
2925-588 V.N. AZEITÃO
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F: +351 212 189 392
E: info@forumdideias.com
W: www.forumdideias.com

DESTINATION PORTUGAL
R. da Madalena, 230 – 2º
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T: +351 218 844 000
F: +351 218 844 009
E: incoming@destinationportugal.com
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LISBOATUR
R. Luciano Cordeiro, 78 A
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STAR VIAGENS E TURISMO, S.A.
Av. Duque de Loulé, 24 - 2º
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F: +351 213 301 251
E: cmleal@sonae.pt
W: www.star-online.com

K.I.T. – CONGRESSOS E INCENTIVOS
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E: stalboom@kit-group.org
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LUSANOVA – EXCURSÕES E TURISMO
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1900-032 LISBOA
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E: lusanovaturismo@lusanova.pt
W: www.lusanova.com

TEAM QUATRO
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E: info@teamquatro.com
W: www.teamquatro.com

EQUADOR INTERNACIONAL
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E: dmc@equador-viagens.pt
W: www.equador-viagens.pt

MEETING POINT
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E: meetingpoint@netcabo.pt

TLC – 360° EVENTS IN PORTUGAL
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1200-360 LISBOA
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E: dassis@tlc-pt.com
W: www.tlc-pt.com

ESPECIALTUR – DMC
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1050-202 LISBOA
T: +351 217 937 420
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E: especialtur@mail.telepac.pt
W: www.especialtur.com

MOTIVATOURS
Anjos Residence, R. dos Anjos, 67 C
Escrit. A
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E: lisboa@motivatours.pt
W: www.motivatours.pt

TOP ATLÂNTICO – DMC
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E: lisboa@topatlantico.pt
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HOTELS 5*

CORINTHIA LISBOA HOTEL

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1099-031 LISBOA
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DOM PEDRO PALACE

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HOTEL ALBATROZ

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HOTEL PALÁCIO

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RITZ FOUR SEASONS HOTEL LISBOA

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SHERATON LISBOA HOTEL & SPA

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E: sheraton.lisboa@sheraton.com
W: www.sheraton.com/lisboa

MEETINGS & INCENTIVES

ACCOMMODATION

HOTEL ALTIS

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HOTEL BAIRRO ALTO

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HOTEL CASCAIS MIRAGEM

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PENHA LONGA HOTEL & GOLF RESORT

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HOTEL FORTALEZA DO GUINCHO

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HOTELS 4*

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HOTEL NH CAMPO GRANDE
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HOTEL NH LIBERDADE
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W: www.sanahotels.com

MEETINGS & INCENTIVES

ACCOMMODATION

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HOTEL OLISSIPPO CASTELO
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W: www.almeidahotels.com

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F: +351 213 862 155
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W: www.viphotels.com

SANA SESIMBRA HOTEL
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W: www.sanahotels.com

HOTEL AVIZ
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W: www.hotelaviz.com

HOTEL MERCURE LISBOA
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W: www.mercure.com

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HOTEL ZENIT LISBOA
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HOTEL BRITÂNIA
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HOTEL SOFITEL LISBOA
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HOTELS 3*

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SANA REX HOTEL
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HOTEL MÉTROPOLE
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HOTEL OLISSIPPO MARQUÊS DE SÁ
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HOTEL ROMA
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MEETINGS & INCENTIVES

ACCOMMODATION

POUSADAS, INNS AND SIMILAR ACCOMMODATION

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APARTMENT HOTELS

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MEETINGS & INCENTIVES

ACCOMMODATION

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SOLPLAY HOTEL DE
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ENTERTAINMENT OUTDOOR ACTIVITIES & SIGHTSEEING TOURS

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W: www.cityrama.pt

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– Quinta da Piedade
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E: fidalguiaviagens@clix.pt
W: www.fidalguia.lda.pt

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F: +351 218 483 903
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W: www.culturgest.pt

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F: +351 218 921 555
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W: www.fil.pt

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BELÉM**
Centro Cultural de Belém - Pç. do
Império
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W: www.fertagus.pt

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E: dmagalhaes@transtejo.pt
W: www.transtejo.pt

TOURISM SERVICES SUPPLIERS

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W: www.cnc.pt

MEETINGS & INCENTIVES

OTHER SERVICES

LISBOA VISTA DO TEJO
Edif. Lisboa Vista do Tejo, Doca de
Alcântara Norte
1399-022 LISBOA
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E: geral@lvt.pt
W: www.lvt.pt

EQUIPMENTS FOR FAIRS, CONGRESS ES & OTHER EVENTS

CASINO DO ESTORIL
Pç. José Teodoro dos Santos
2765-237 ESTORIL
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F: +351 214 667 965
E: info.cestoril@estoril-sol.com
W: www.casino-estoril.pt

CASINO LISBOA
Alameda dos Oceanos, Lt. 1.03.01
Parque das Nações
1990-204 LISBOA
T: +351 218 929 000
F: +351 218 929 059
E: info.casinolisboa@estoril-sol.com

**CCL – CENTRO DE CONGRESSOS DE
LISBOA**
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E: info@lis.ulusiada.pt
W: www.lis.ulusiada.pt/default.htm

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T: info@atlantico-multiusos.pt
W: www.pavilhaoatlantico.pt

TRANSPORTATION

ANA - AEROPORTOS DE PORTUGAL
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W: www.barraqueirotransportes.pt

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TOURISM EQUIPMENTS

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OFFICIAL ENTITIES

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MEETINGS & INCENTIVES

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ASSOCIATIONS

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